

P.E. MAKE-UP CARD

(TREADMILL)

NAME _____

DATE _____

PERIOD _____

TEACHER _____

DISTANCE _____

TIME _____

SPEED _____

CALORIES _____

P.E. MAKE-UP CARD

(BIKE)

NAME _____

DATE _____

PERIOD _____

TEACHER _____

LEVEL _____

TIME _____

DISTANCE _____

CALORIES _____

P.E. MAKE-UP CARD

(STAIR STEPPER)

NAME _____

DATE _____

PERIOD _____

TEACHER _____

LEVEL _____

TIME _____

HEIGHT CLIMBED _____

CALORIES _____

P.E. MAKE-UP CARD

(ELLIPTICAL)

NAME _____

DATE _____

PERIOD _____

TEACHER _____

STRIDES _____

TIME _____

RESISTENCE LEVEL _____

CALORIES _____