

# Hopewell Hi-Lites

### October is Breast Cancer Awareness Month

By Megan Sirko

This October is the 25th Anniversary of National Breast Cancer Awareness Month, which is celebrated in order to inform people of the importance of early detection of breast cancer, which is one of the most common cancers that occur in women. According to the American Cancer Society, 40,170 women are expected to die of breast cancer this year. Women are not the only ones who are diagnosed with breast cancer. According to the National Breast Cancer Foundation, 1,700 men are diagnosed with breast cancer each year and 450 of these men will die. The good news is that there are currently 2.5 million breast cancer survivors living in the United States

National Breast Cancer Awareness Month was started in 1985 by a variety of sponsors. Currently, it has grown to include a partnership of national public service organizations and government agencies that work together to increase the awareness of breast cancer. It is celebrated in various ways. Some supporters participate in walk-athons while others wear pink ribbons. The tradition of wearing pink ribbons as symbol for this event was started in the 1990s. The color was chosen because it represents health and femininity. Blue ribbons are also used to support men with breast cancer.

Breast Cancer is the result of uncontrolled cell growth. On normal occasions, cells grow and divide to form new cells that the body needs. When old cells die, new cells take their place. Cancer is formed when this process goes wrong: Cells may be produced when the body does not need them, or cells may die when they are not supposed to. It is still unknown what causes breast cancer to occur in certain people at certain times. It is believed that this disease is the result of a combination of unknown risk factors.

There a number of treatments for breast cancer patients. Some include surgery, radiation therapy, chemotherapy drugs, hormone therapies, and targeted therapies. For those who are cancer-free, there is no certainty that you will stay that way, but there are some ways to lower your risks of being diagnosed with breast cancer. Some of these ways include getting plenty of physical activity, having a healthy diet, and avoiding alcohol as much as possible.

The most common risk factors of breast cancer include gender, age, personal history, family history, and breast cancer genes. Women are more at risk of having breast cancer, especially those who over the age of 60. People who have had breast cancer or a related breast disease are more prone to it, and those with a relative who had breast cancer are at a high risk. A person born with an alteration in the gene that plays an important part in regulating breast cell growth are also at risk, but not as high as those with the other risks. People who are exposed to radiation at a young age, have a pregnancy after the age 25 or 35, have no children, are tall, have gained 20 or more pounds after the age 18.



The pink ribbon is a symbol for National Breast Cancer Awareness Month.

# Homecoming 2009

By Alaina Altieri

Homecoming this year started off with the students of Hopewell High School getting to show their school

spirit during spirit week. Jersey day topped off the week followed by neon day, dress up day, and blue and gold day. The Homecoming assembly recognized all the senior athletes and band members after the announcing of the Homecoming Queen. Jahmara Marchman took the title of queen, escorted by Matt Hundenski. Crown bearer was Nicole DiPietro who was escorted by Ryan Costanza and scepter bearer was Caralynn Arena who was escorted by Tyler Potts. The rest of the court included Erin Belknap escorted by Toby Thuer, Elise Farris escorted by Brendon Taylor, Gianna Leone escorted by Mark Ross, Nicole Pelino escorted by Blaine Buchanan, and Amanda Tocci escorted by Ryan Carson.

Despite of the rainy and cold weather conditions, spirit week continued with a brief parade, and unfortunately the pep assembly that was supposed to come after the parade was cancelled because of the weather as well. To finish off the week, our Viking football team defeated West Allegheny 34-26 on Friday, October 16th keeping their record a perfect 7-0.

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### Rep. Altmire Visits Hopewell High School

By Dan Gladis

On Monday, October 19, Jason Altmire, United States Representative from Pennsylvania's 4th Congressional District came to our high school to talk to senior students for a half hour. Congressman Altmire came and introduced himself to the students and briefly discussed himself and his background before opening the floor for questions from students.

Many questions were asked (and most answered) ranging from how kids can get active in politics to the questions concerning the uncertain future of comprehensive healthcare reform. Congressman Altmire responded to a question about budgetary reform and fiscal responsibility by saying, "If we stayed with the 1990s economic plans, we would have a surplus of several trillion. However, now we must deal with a massive deficit."

Congressman Altmire, a Democrat, is currently serving his second term in the U.S. House of Representatives having defeated Republican incumbent Melissa Hart for the post in 2006, and once again in 2008. He is currently the co-chair of the New Democratic Coalition's task force on healthcare reform and serves as a subcommittee chairman on the Small Business Committee. In his time in congress, Congressman Altmire has authored twenty-four different legislative initiatives that passed the House of Representatives and seventeen of that

number have been signed into law. Congressman Altmire can also be credited with bringing \$120 million in federal funding to western Pennsylvania for projects of economic development.

The voting record of Congressman Altmire has been labeled as one of the most independent and centrist in Congress. Non-partisan studies have identified him as having the most centrist voting record in the whole of Congress. In addition, Congressman Altmire is the only member of Congress to have cast his vote in all of the more than 2,500 votes cast since he was inaugurated in January of 2007.

Congressman Altmire currently lives in the North Hills with his wife Kelley and their two daughters.

### Student of the Month

### Honoring Hopewell's Finest

By Catey Burget

This month's Student of the Month awards were given to sophomore Joe Satterfield and senior Haley Grimm. Both students work tremendously hard to be where they are right now and are vital leaders of their class.

Haley Grimm, ranked number 2 in the senior class by maintaining a G.P.A. of 3.935, is an active dance and theater participant and she currently takes classes at Point Park. Her favorite classes are calculus and chemistry. Haley is also a member of student council and National Honors Society. She is extremely thoughtful and helpful to her colleagues and exceptionally meticu-When time allows, Haley loves hanging out with her best friends and she also attends to dance classes and rehearsals most days. Some of her biggest accomplishments are being accepted into Point Park's pre-professional dance program, and being cast in

the lead role of her dance school's Nutcracker production. She is interested in majoring in math and science as well as dance, and she has a long list of colleges she is currently considering. She would like to first obtain her undergraduate degree and dance professionally for a few years. She would then like to go back to school for an advanced degree and settle into a non-entertainment related career.

Joe Satterfield is a member of the marching band, the concert band, and the jazz band. He is a devoted student and resident of his community. His classmates enjoy his intelligence and comical personality. Joe's favorite subiect in school is Computer Programming. He says he enjoys this because, "It allows me to use my creativity in conjunction with my mathematics and computer skills." Aside from school, Joe values his time with

his friends. In addition to being an exceptional student, he is an untailored basketball player and bike rider. Joe is also a member of the Our Lady of Fatima Youth Group. Joe's future goals are to attend college at Massachusetts Institute of Technology (MIT) and have a career in computer science. Joe is proud of his accomplishments. Over the summer, he attended a People to People Leadership Summit for International Diplomacy that too place in New York City and Washington D.C. His leadership skills were proven and enhanced by attending this seminar.

These two students are excellent leaders who always manage to have good judgment and make good decisions. Congratulations on your award and

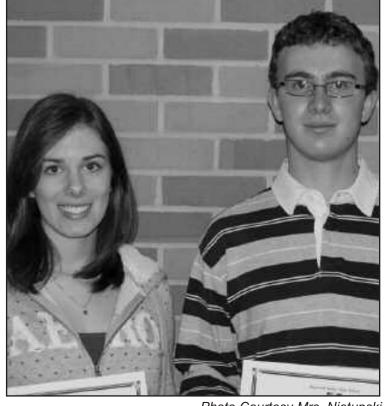


Photo Courtesy Mrs. Nietupski

Congrats Haley and Joe!

### **This** Month's Teacher's Pet Feature

#### Mrs. Vanyo and her precious pooch, Tucker

By Sarah Bohy

Tucker Doubt Vanyo, a four-yearold Golden Doodle (a combination of a Golden Retriever and a Poodle), is the pride and joy of the Vanyo household.

When Mrs. Vanyo's eight-year-old Australian Shepherd, Wyatt, passed away, she decided that she wanted another dog. Though she and her family were looking at Labradoodles (a combination of a Labrador and a Poodle), when they saw Tucker, they decided that Golden Doodles were much cuter and drove all the way to Cincinnati, Ohio to pick up Tucker.

In his free time, Tucker Vanyo highly enjoys going for long walks around the Vanyo's neighborhood. He also loves car rides, especially to pick up pizza. "[Tucker] always gets



Photo Courtesy Ms. Vanyo

Tucker lounges on the floor of the Vanyo's home.

the crust," Mrs. Vanyo stated. Tucker's all-time favorite activity, however, is his nightly post-dinner play time with Mrs. Vanyo. "I always chase him around the dining room table and we play with his pulley rope," Mrs. Vanyo explained.

One of Mrs. Vanyo's most fond memories of Tucker is his first time swimming. When he was one and a half years old, Tucker attended puppy school at Misty Pines Kennel in Sewickley. Misty Pines has a lake her graduate degree in 2003.

behind their main building and the instructors took all of their canine students for a swim one day. "It was really funny!" Mrs. Vanyo said in regards to Tucker's first swim.

Mrs. Vanyo graduated from Ambridge in 1985. After taking some time off, she attended The University of Pittsburgh and received her undergraduate degree in 1993. She then attended to Slippery Rock University, receiving

# Indonesian Tsunami

By Catey Burget

The Indonesian quake struck on Wednesday, September 30th leaving thousands of people hiding under collapsed buildings, including two hospitals. At 5:15 p.m., local time on this day, buildings, roads, power and almost all communications to Padang were destroyed. Fires were started, and families were separated. Indonesian officials gave reports of 200 dead bodies at fire, knowing that at least 100 people were killed in the Samoan With a magnitude of 7.6, the extremely forceful quake occurred one day after a tsunami hit islands in the South Pacific. Since the tsunami followed the same fault line that the 2004 Asian tsunami had been on, which killed more than 230,000 people, warnings were issued along the Indian Ocean. The shaking was so intense that most people were bent down or sitting on the street to avoid falling. Others tried to get away as quickly as possible in cars or motorbikes, speeding and honking horns.

The tsunami, in Samoa, was caused by a magnitude of -8.0 quake that let loose waves 15 to 20 feet high. The waves came to shore at 6:48 a.m. on the morning of September 29th, and spread a mile inland. The night before the quake hit, President Obama released disaster declaration for American Samoa, 120 miles from the quake's epicenter. The first U.S. relief flight landed in Pago Pago, the island's capital, where remains and fragments had to be conveyed supplies and emergency officials. Following the flight, a second plane carried food, water, medicine, and medical supplies

and additional workforce. Referring to Governor Togiola Tulafono, W. Craige Fugate said in a telephone conference with reporters, "Our focus is on life safety, life sustainment and getting resources in there to support the governor and his team. Our focus is on the immediate needs of the injured and the thousands, tens of thousands of survivors down there.'

Being that American Samoa is roughly 2,300 miles southwest of Hawaii and 4,500 miles from the west coast of the United States, there were two major setbacks; time and distance. Officials are expecting to provide reinforcement vital supplies via air and

In Pago Pago, debris, mud, overturned cars, and several boats caused many disturbances and created a lot of commotion. The cleanup was stretched into several days. Quite a few buildings in the city were flattened, and the power was expected to be out in some areas for almost a month. More than fifteen emergency shelters were fully occupied. The amount of destruction caused by this disaster was almost unbearable and caused many to be searching for survivors with their bare hands, pulling at the ruins and throwing it away piece by

piece.
"This is a high-scale disaster, more powerful than the earthquake in Yogayakarta in 2006, when more than 3,000 people died," Health Minister Siti Fadilah Supari said. Both the quake and tsunami caused an out-Cleanup will be continued and conducted over the next few months.

### Hopewell Supports Team Tyler

By Kate McCallan

Tyler Potts, a senior at Hopewell High School, was diagnosed with leukemia on July 14, 2009. He is an avid participant on the football, baseball and basketball teams. When the illness was detected, friends and family came to see him. At the hospital, Tyler's twin brother Ross and good friend Chelsey Haney decided to team up and raise money for his treatment. They immediately knew they wanted this to be their senior project.

Chelsey and Ross are raising money by selling blue and orange "Team Tyler" t-shirts for \$20.00. They are also selling orange "Team Tyler #11" bracelets for \$2.00. They can be purchased in Ms. Dran's homeroom (room 203), at 6th period lunch, or people can just ask Chelsey. Team Tyler jars are posted at many Hopewell franchises such as: The Windmill, Trenney's Grille, Mulligan's Sports Bar and Grille, Scooch's Pizza, Brusters, and now George's Family Restaurant. They will be accepting donations and Team Tyler merchandise can be obtained throughout the year. Other fundraisers might be planned later.

The duo wants to raise between \$4,000.00-\$5,000.00 to diminish some of the costs for Tyler's treatment. Hopewell students are supporting Tyler by wearing his merchandise and by making a contribution. About 20 people drove to support him in Pittsburgh on October 1, 2009, to participate in the Light the Night Walk for leukemia and lymphoma. Hopewell High School students as well as the faculty and staff will continue to help support Tyler as he fights this battle. Stay strong Tyler!



Photo by Tricia Marsick

Friends and family walked for Tyler at Light the

### Taking Ourselves with a Grain of Salt

By Dan Gladis

Selecting the location for the 2016 Summer Olympics was by no means an easy task for the vaunted International Olympic Committee. After serious deliberation, the IOC chose Rio de Janeiro over Chicago and several other cities as the location for the games. This has raised important questions in the media and in the channels of international diplomacy, one of which is how America's role in the world is perceived. Another is how should America act among other nations, as an equal or as a crusader for what we deem to be right?

Since the age of progressivism, America has maintained the attitude that 'we can fix what is wrong with the world.' This seems like a good idea, until the rest of the world curtly informs us that they have no interest in being made in the American mould. Yet still, Americans rush into the breach full of self-righteous fervor bent on changing the world. Since the Suez Crisis and more so since the fall of the Soviet Bloc, America has taken a leading role in world affairs. Along with great power comes great responsibility; a responsibility to treat other nations with respect and equality. This responsibility has been neglected severely as of late.



Photo Courtesy Google Images

The invasion of Iraq is an oft-cited example of ignorant American policy aimed at the rest of the world.

Though it would be nice to say it wasn't always this way, America's track record proves otherwise. The invasion of Korea in 1950 was all part of the domino theory aimed at stopping communism. The war in Vietnam was a civil war at best and an ideological quibble at worst. America turned Vietnam into an ideological bloodbath in a

literal and figurative sense. In recent times, the invasion of Iraq would be the best example of unintelligible American foreign policy. I won't delve into this subject, as the parameters of that war are well enough

...continued below

### Hopewell Hi-Lites

Student Newspaper Staff

Dan Gladis - Editor-in-Chief

Catey Burget - News **Editor** 

Sarah Bohy - Features

Megan Sirko - Layout **Editor** 

Paul Rosenstern **Sports Editor** 

Alaina Altieri - Business Manager

Kate McCallan - Art Director

Amy Kraus, Tricia Marsick

### Stop and Think, America!

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In this editor's humble opinion, since 1946 only two wars have been justified and both conducted by the Bush family. The invasion of Kuwait by Iraq was a breach of international peace accords and thusly America had a right to conduct a war along with a coalition of the willing. The second was the invasion of

Afghanistan in 2001, though to a somewhat lesser degree than the First Gulf War. However, the occupation of Afghanistan, which has gone on longer than American involvement in both World Wars combined, has seen disastrous progress if that oxymoron may be used. Though democracy has been imported, disingenuous profligates still ride roughshod over the poor opium and poppy farmers. And yet, still no Bin Laden.

At some point, America must realize that to continue this willy-nilly declaration of superiority will only harm us in the future. With the increasing influences of China and India, the imbalance of power looks as if to shift within the next 50 years. This is especially driven by the fact that Asia will have about 5 billion people by 2030 compared to a 'mere' 400-odd million in North America. This article is not a call for servility, but a call for sincerity and respect which has been deeply lacking in America's treatment of her so-called enemies on the 'Axis of Evil.' The age of true foreign progressivism ended in the 1940s, and the Soviets fell in the late 1980s, early 1990s. It's time to put away the outdated foreign policy, America, and enter into the age of cooperation and

### America Fills a Needed Role

For many years, the

role of the United

States in world affairs

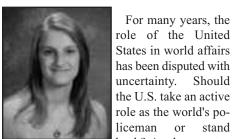
uncertainty. Should

the U.S. take an active

role as the world's po-

liceman or stand

By Amy Kraus



back? As the country Miss Kraus faces economic insta-

bility, many people think that the money spent in foreign aid should be decreased.

With wealth comes responsibility, and that is why America has a duty to assist the helpless people of the world. According to the Food and Agriculture Organization, 852 million people do not have enough food to sustain a healthy life. Developing countries need the help of the United States; their problems do not disappear if the industrialized nations just ignore them. However, donating food and money only leads to corruption and dependence. By educating

people and providing them with crops to grow, America's money would not be spent in vain. Nevertheless, the world is not perfect and countries like Sudan are too involved in civil war to make a change. The United States does not control the world and global problems cannot be solved by one nation alone.

According to the Defense Department, United States troops are stationed in 135 countries including Afghanistan, Germany and Japan. Although it is expensive to maintain overseas military bases, the protection of democracy and the free world is more important. With troops spread throughout the world, the U.S. seems to tackle global security by itself. The United States performs a task that no one else wants. Without the military influence of the U.S. would a communist nation take over and spread their government's agenda? Other countries should be more involved in the world's affairs and share the cost with the United States. The goal of the U.S. is not to rule the world, but assist developing nations who need a "big brother" to protect them.

# Hey Hopewell, How Do You Feel?

### **Favorite Scary Movies!**



Mr. Sforza-"Dracula (1931). I like the main actor; Bela Lugosi. The horror was more subtle."



Nichole Cropper- "I'm not a huge fan of scary movies, so I have to say Halloweentown!"



Kelsey Hovanec- "The Omen- When I first watched it I was babysitting and the kids were asleep."



James Follett-"Hostel: Part II. Just watch it."



Autumn Laurito- "The Amityville Horror. I was so scared people had to tell me what was happening."

# Six Weeks Down...Hut!

teams are fighting

postseason with

By Paul Rosenstern

The NFL may only be through week six, but some of the playoff spots are starting to be foreshadowed. In the AFC there are two undefeated teams, the Indianapolis Colts are 5-0 and the Denver Broncos are 6-0. Both are on top of their divisions, the Colts in the AFC South and the Broncos in the AFC West. In the AFC East the Patriots have the lead with a 4-2 record. Led by

quarterback Tom Brady the Patriots any other AFC team. In the AFC North there is a tie for a chance at the between the Pittsburgh Steelers and the Cincinnati Both every game played. Bengals. teams have a 4-2 record, but in one head to head

matchup the Bengals defeated the Steelers 23-20. Later in the season the two will meet again in what could be one of the most important games in the North Division.

The NFC also has two undefeated teams on top of their divisions. The Minnesota Vikings, led by veteran quarterback Brett Farve, are on top in the NFC North with a 6-0 record. Likewise, with a 5-0 record, the New Orleans Saints sit on top of the NFC South. The NFC East is led by the New York Giants who own a 5-1 record. The NFC west is locked in a tie between the Arizona Cardinals and the San Francisco 49ers, both sport a 3-2 record.

Overall in the NFL the Saints have put up the most offense, scoring 192 points over their first five games. While the Broncos have had the strongest defense, allowing opposing teams only to score 66 points against them in their first six games played. Ben Roethlisberger of the Steelers leads all quarterbacks in passing yards with 1887. Trailing him is Matt Schaub from Houston and Tom Brady. It should come as no surprise that the top rusher through week six is Vikings'

Adrian Peterson. It may only be the Peterson has led his offense has scored more points than end of week six, but  $^{undefeated}_{with}$   $^{team}_{624}$  rushing yards in six games. Close behind him is Tennessee's running back Chris Johnson who has run for 596 yards, even though his team is yet to record a victory.

> Through the first six weeks the NFL has already seen some exciting games with playoff like atmospheres. It may only be the end of week six, but teams are fighting for a chance at the postseason with every game played. For teams like the Tennessee Titans and the Tampa Bay Buccaneers, who both have failed so far to put up a one in the wins column, it may be too late to salvage the season. On the other hand teams like the Atlanta Falcons, Dallas Cowboys, and Baltimore Ravens may fight for a chance at the playoffs all the way down to the final games. The season really has just begun, but from what the first six weeks have shown, this year may be one you don't want to miss.



Photo Courtesy of nfl.com

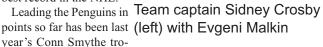
Ben Roethlisberger of the Pittsburgh Steelers leads all quarterbacks through week six in passing yards.

#### Pens March Into a New Season

By Paul Rosenstern

The reigning Stanley Cup champion Pittsburgh Penguins are back on the ice in '09 for regular season action. This year's team fea-

tures most of the same core players as last year's championship team. Led by their young captain Sidney Crosby the Penguins have started this season right where they left off. Eleven games into the season the Penguins are on top of their division with a 9-2 record, and are coming off of a seven game winning streak were they outscored opponents 29-13. With their 9-2 record the Penguins also own the best record in the NHL.



phy winner Evgeni Malkin. Malkin leads the team with 13 points while Crosby is right behind him with 11 of his own. Crosby has scored the most goals with six, and Malkin

leads in assists with nine. In net, goaltender Marc-Andre Fleury sports a 2.19 GAA in his nine starts. Back-up goalie Brent Johnson has been equally as good with a 1.94 GAA in his

Though this season has gone well so far, the Penguins have been handed a bad break.

High-scoring defenseman Sergei Gonchar went down with a broken left wrist, and isn't expected to be back for another 4-6 weeks. This forces defensemen like Alex Goligoski and Martin Skoula to step up. The Penguins have played two games without Gonchar were they are 1-1.

It is much too early to say anything about the playoffs. Anything can happen in the five and a half months that are left to

be played. Yet still the hot start by the Pittsburgh Penguins has given fans hope of a possible repeat.

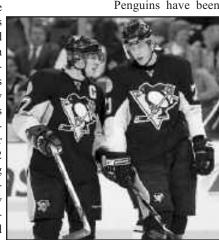
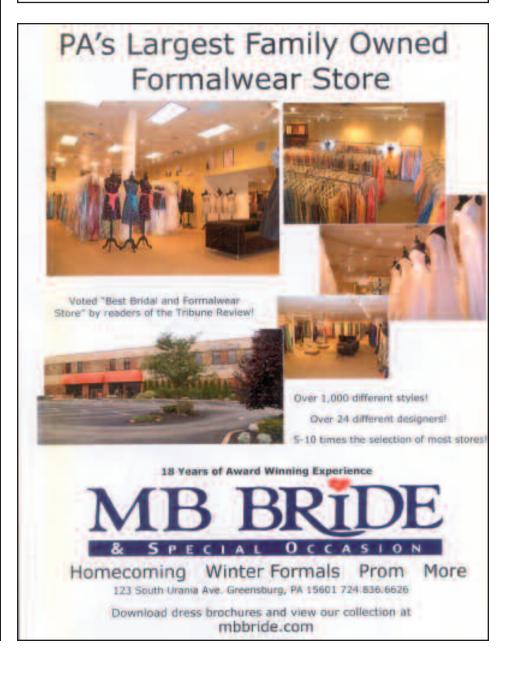


Photo Courtesy of nhl.com

Congratulations to Tyler Dowiak for being named a commended student in the 2010 National Merit Scholarship Program. Tyler is one of only 34,000 students across America so honored for academic promise. "Recognition of highachieving students is essential to advancing educational excellence in our nation," says an NMSC spokesman. Once more, congrats Tyler!



# Viking Sports Blurbs

By the Editorial Staff

Varsity Football

After defeating West Allegheny 34-26, the Vikings took over sole possession of the Parkway Conference. One week later Hopewell beat Montour 30-23 to clinch the Conference for good. The team's 8-0 start marks the first time any Hopewell football team has gone undefeated the first eight games into a season. Hopewell beat New Castle, Blackhawk, Riverside, West Allegheny, and Montour in their previous five games. The Vikings will play Montour and then Moon to wrap up

their season before heading into the playoffs.

Varsity Boys' Soccer

The Hopewell Boys' Soccer team finished their season with a record of 11-7 and a section title of 9-5. In the second half of their season the boys beat their longtime rival Center High School 3-2. Hopewell also beat Avonworth, Ellwood City, Blackhawk, and New Brighton. Unfortunately, they lost to Beaver and Ambridge at the end of their season. The last game against Ambridge was a crucial game. It was the tiebreaker for the spot in the WPIAL Play-offs. With a 2-1 loss, the Hopewell Boys' Soccer team will not be appearing in the play-offs in November. Although the team did not advance this year, their hard work was demonstrated on October 10, 2009, against Center and will hopefully be shown next season with a spot in the WPIAL Play-offs.

Varsity Girls' Volleyball

With the playoffs coming soon girls' volleyball is preparing hard for it. The girls are currently 11-3-0 with their only loss to Blackhawk. They lost to Seneca Valley but that game was an exhibition. Once again the girls beat Ellwood City, Beaver Falls, and Mohawk. Their final section game of the season ended with a win over Beaver 3-0. The team lost in the first round of the Norwin Tournament that took place of October 24.

Varsity Girls' Soccer

Hopewell Girls soccer has faced many challenges this season and, finishing with a record of 8-8-2, which includes a section record of 6-5-1. Unfortunately, this means no playoffs for the girls despite all the hard work they have put into this season. This year has included several bright spots for the team, including wins over Ambridge, Montour and a punishing 6-0 win over West Allegheny. Senior leaders have also contributed greatly to the team including Chelsea Haney who plans on playing soccer at the collegic level.

### Hopewell Golf "Par" in '09

By Alaina Altieri and Paul Rosenstern

Even though the Hopewell Girls Golf team finished with a record of 5-11, it is marked as the best season in school history. The girls played teams such as Center, Butler, Seneca Valley, Ellwood City, and Upper Saint Clair. They finished second in the MAC tournament. Amanda Tocci stated, "We had a lot of fun this season despite of the fact that we did not win that many games. Our van rides to the games were the best." Paige Alviani said that country music was their inspiration. Coach Jeff Homziak's favorite quote to help coach the girls was, "little left, little right." The other girls on the team include Jen Palmieri, Annemarie Harb, and Ashley Schoedel. None of the girls qualified for the WPIAL, but they did their best. Since all the girls on the team this year were seniors, there might not be a golf team next year. If you want to play golf, contact Mr. Homziak.

On the other side the boys' golf team turned in a 9-3 season. This was good for third in the section, but it wasn't quite good enough for a spot in the playoffs. The boys ended the season one win shy of gaining the final spot in the playoffs. "It was a productive year, but not making the playoffs put a damper on the season." Junior Craig Fontana, who averaged 38 strokes per nine holes on the year, said. Fontana along with seniors Aaron Zimmerman and Josh Hribar did make the individual playoffs. All three reached the semi finals, and Zimmerman and Fontana golfed all the way into the final round. The boys' golf team is led by head coach Mike Shuleski.

# The "Empire Strikes Back"

By Paul Rosenstern

The 2009 Major League Baseball pennants have been captured. In the National League the Philadelphia Phillies knocked off the Los Angeles Dodgers in 5 games. While the New York Yankees beat the Los Angeles Angels of Anaheim for the American League spot in the World Series.

The NLCS started on October 15th in Los Angeles were the reigning World Series Champion Phillies took a 1-0 lead on the Dodgers. The Phillies lost the next game, but took off winning the next three in Philadelphia to earn a spot in the World Series. Philadelphia defeated the Colorado Rockies in four games to advance to the NLCS. Last years champions sport one of the most dangerous lineups in the game today; leading off with Jimmy Rollins and in the middle of the order Chase Utley, Ryan Howard (who won NLCS MVP), Raul Ibanez, and Jayson Werth. Utley, Howard, Ibanez, and Werth each hit 30 plus home runs in the regular season. The only question on the Philadelphia team is who will be closing out the ninth inning? Manager Charlie Manuel started the season feeling like he had the best closer around in Brad Lidge, but Lidge struggled over the regular season, blowing 11 saves and sporting an era over seven. Yet Manuel went to Lidge twice in the opening series, and both times Lidge got the job done.

The Dodgers owned the best record in the National League during the regular season, and in the first round of the playoffs they knocked out Albert Pujols and the St. Louis Cardinals. Led by manager Joe Torre, the Dodgers featured a well rounded, veteran filled lineup, an experienced bench, and a bullpen that is one of the best at conserving victories, but in the NLCS Los Angeles' bullpen blew a save in game four, and the team's pitching staff gave up 35 runs in the five games played.

In the American League the Angeles were given the hefty task of beating the Major League best New York Yankees, but six games later the Yankees celebrated their 40th trip to the World Series. In the first two games at Yankee Stadium, New York to a 2-0 lead on an outstanding pitching performance form C.C. Sabathia, and a walk off win in game two. They then traveled to Los Angeles were the Angels took game three on a walk off double by Jeff Mathis. New York rebounded in game four pounding the Angels 10-1. Facing elimination the Angels pulled off a 7-6 come from behind victory to send the series back to New York. After a rain out and an extra day of rest the Yankees went back to work in game six and won the ALCS. The Yankees have not been in a World Series since losing to the Marlins in 2003. This year's Yankees team may be one of the best yet with pitchers like Sabathia, A.J. Burnett, and Mariano Rivera, and a lineup full of sluggers like Alex Rodriguez, Derek Jeter, Mark Teixeira, and Nick Swisher. To reach the ALCS New York swept the Minnesota Twins, while the Angeles swept the Boston Red Sox.

New York and Philadelphia both feature lineups that can put up a lot of runs, so it may all come down to the pitching. Baseball is an unpredictable sport, especially in October because when it is least expected a hero may come in the form of a batter, pitcher or defensive player, and what they do will be remembered forever.



Photo Courtesy mlb.com

Jayson Werth follows through on a three-run home run in game 5 of the NLCS. It turned out to be the game winner.



Photo Coutesy mlb.com

NLCS MVP Ryan Howard hit 2 home runs, and drove in 8 runs during the NLCS.



Photo Courtesy mlb.com

C.C. Sabathia was the winning pitcher for New York in game 1 and game 4, and was rewarded with ALCS MVP honors.

# Book Review: Picture Perfect

By Tricia Marsick

Author of "My Sister's Keeper" Jodi Picoult wrote "Picture Perfect", a unique love tale of "one average Joe" and America's beloved actor.

Upon meeting Alex Rivers on



set of his motion picture, Cassie Barrett, an anthropologist, was swept away. Every woman in A m e r i c a dreamed of

Jodi Picoult dreamed of being in his presence, and the next thing she knows, Alex is in love with her? It was too good to be true

After suffering a head injury, Cassie had forgotten being married to Hollywood's hottest actor. It took some time getting used to, but being so bound by Alex's silver eyes, Cassie fell back into belief that they had loved one another for years. Before Cassie knew it, "I'm sorry. It won't happen again," became Alex Rivers' catch phrase, which started becoming less and less believable. Cassie began realizing Alex Rivers always seemed to be acting. He behaved strangely even at home. Alex had gotten so good



Photo Courtesy Google Images

### Hollywood, California is the setting of Picture Perfect.

at his pretending that Cassie could never tell if she was speaking with him or some character in his most recent movie production.

From there on out, his mood swings grew worse and worse. Alex was engrossed in his work, and that became dangerous with time. Cassie found herself as the only person Alex took all his frustrations and rage out on. The days his eyes grew dark, Cassie knew to remain out of his way. At the dining room table, she even trained herself to chew silently because unnecessary noise triggered Alex's aggression. In a series of incidents, Cassie was hit and kicked by the famous actor. During a particularly stressful filming day, Alex had attacked Cassie, and she knew she must

get away. Fleeing to Hawaii, Cassie finds herself and debates whether or not Alex Rivers could ever act his way into her life again.

Jodi Picoult wrote this story particularly well. The reader could see Alex Rivers for what the world saw him as and who he truly was through his wife's eyes.

# Top Ten Horror Movies

By Tricia Marsick

It seems for every season there is a genre of movies to go with it. For fall and most especially around Halloween, there are many scary movies for viewing. New ones, old classics and the like always find their way onto our TV or movie screens. The Editorial staff of the Hopewell Hi-Lites has selected ten scary movies that meet our criteria as the ten best of all time. They are "Quarantine", "The Descent", all of the "SAW" movies, "The Exorcist", "Haunting in Connecticut", the "Halloween" series, "Freddy vs. Jason", "The Grudge", "Texas Chainsaw Massacre", and finally

Photo Courtesy Google Images

A scene from the movie Quarantine.

"Jeepers Creepers".

Our number one most horrifying movie "Quarantine", directed by John Erick Dowdle, was set in an old apartment building. Two reporters, our main characters, and the local fire department were called to investigate the apartment due to devilish screams and outbursts. The team found an old hag foaming at the mouth, and the next thing everyone realized was the quarantine. A cameraman, assistant to the reporter, filmed the enmovie through point-of-view, which added a great eerie effect. Between the trembling footage and the freaky, infectious disease circulated throughout the apartment, "Quarantine" was more than enough to have anyone hidden in suspense or two feet into

"The Descent" also had people shaking in their boots, a close second to "Quarantine". The movie, directed by Neil Marshall, had six "Between the trembling footage and the freaky, infectious disease circulated throughout the apartment, Quarantine was more than enough to have anyone hidden in suspense or two feet into the air"

women on a caving expedition. After a girls night, the sun had come up, and the women start down into the cave. What comes next was beyond thrilling, as the women squirmed through tiny spaces not much bigger than themselves. Mr. Marshall played with the audience's mind by merely tapping into what scares them the most: not seeing. There was footage shot in complete darkness, which had many people fidget in their seats. "The Descent" does not even boil down to "Survival of the Fittest"; it becomes "Kill or be

### Legends Near Our Land

By Kate McCallan

Have you ever heard or seen something that you just couldn't explain? If you have and you told someone, you may have created a legend. Well, whether people believe in legends or not there are many myths in Pittsburgh; in fact there are quite a few within the Beaver and Allegheny Counties. This time of the year legends or even ghost stories are told frequently to enhance the Halloween mood.

The settings of quite a few local legends take place in Independence Township. Off Service Creek Road, the John T. Cemetery and an old church remain along the banks of the Ambridge Reservoir. The church and cemetery contain remnants of Revolutionary War and Civil War soldiers as well as some newer graves. Anyone who is ever there says there is an undeniable smell that lingers. Strange voices, whispers, and other haunting noises can be heard at night. The land is always foggy and although people are not permitted on the reservoir they are allowed to visit the church and cemetery.

In the same township, there is an old iron bridge that once was wooden. In this location, a couple was riding in their horse and buggy. They went off into the creek and died. The road course has been changed, but people can still see the apparition of a woman running beside the creek.

Farther North in Brighton Township, the town of Mudlick Hollow once stood.



Legend say this was the location where Patrick Mulvanen and his fiance Anna Mines once lived.

In the 1800s, there was another couple who encountered a horse and buggy accident. It was their wedding night when a small animal spooked the horse and sent the couple overboard. The bride died of a broken neck and the groom died while pinned under their horse. Locals say fog appears on the road and the sound of a horse and buggy approaches. Next, a crash and screams are heard then all is silent and the fog disappears

Also in Mudlick Hollow, a resident named Patrick Mulvanen wanted to establish a large estate in the heart of Vanport for his fiancé, Anna Mines. Ironically, Anna later fell to her death by tripping down the stairs and breaking her neck. Cries from her grieving husband can be heard from the forests

In Ambridge, the abandoned Good Samaritan Catholic School was said to be haunted. Many people said they saw red eyes in the cafeteria. One other account stated that she saw a ghostly face in the girls' bathroom.

There are also many legends about the property where the Moon Country Club resides. Part of the country club was once a mansion where an old banker lived. People now say he haunts the residence. It is also said that the lights turn off and on at random times. People can smell his cigar smoke where the top floor of the mansion was. His figure is also seen in the night.

Even if the legends are not real, they are said most often this time of the year. Some legends are based on true stories whereas others are just works of fiction. Many of these myths are similar in at least one aspect. The Hopewell High School Editorial Staff won't pass judgment whether the legends are true; however, we invite you to judge for yourself.

## College Preview: Slippery Rock University

By Sarah Bohy

In 1889, today's Slippery Rock University was founded as Slippery Rock Normal School, A Normal School, a term that is still used in some places, is a school intended to prepare high school graduates to become teachers. Slippery Rock's first president was James E. Morrow, grandfather of Anne Morrow Lindbergh, the first American woman to earn a glider pilot's license, and the enrollment for their first session was 168 students. Slippery Rock Normal School's mission was limited solely to teacher education, and during its beginning years, educated thousands of aspiring teachers, staffing public schools not only throughout Pennsylvania, but all over the nation.

In 1926, Slippery Rock Normal School was bought by the Commonwealth of Pennsylvania and became a four-year teaching college. During this time, the Pennsylvania Department of Education assigned Slippery Rock's area of academic focus to be health and physical education. This focus earned Slippery Rock a reputation for excellence on a nationwide scale.

In 1960, Slippery Rock Normal School became Slippery Rock State College and expanded its undertaking to include not only education, but also liberal arts. As a result of the college's augmented number of degree programs and expansion in curricular opportunities, their enrollment increased by over 4,000 students between 1960 and 1970.

Today, Slippery

Rock University has an enrollment of 8,600 total students, including 7,500 undergraduate students. Students at Slippery Rock University can choose from over 160 areas of study in the arts, sciences, education, communications, environmental sciences, business, humanities, health care, and social sciences. In addition to their vast list of majors, Slippery Rock University has an excellent honors program. This program offers 20 scholarships each year to fulltime students who have been accepted into the honors program. In addition, students in Slippery Rock's honors program have abundant study-abroad and intern-

Located about an hour from Hopewell, Slippery Rock University's location

offers students a varied list of opportunities to involve themselves outside of the classroom. Downtown Pittsburgh, just an hour from Slippery Rock, provides students with opportunities to see sports games, visit the city's many museums, or spend a day at Kennywood Park. In addition, Moraine State Park and McConnell's Mill State Park are both just fifteen minutes from Slippery Rock. These locations allow students to get outdoors and stay active. Also, the Prime Outlets at Grove City are just a ten minute drive from campus. This not only offers students a chance to shop and socialize, but also presents several job opportunities. Nearly 200 Slippery Rock students work in the outlets, which feature over 140 brand-name stores.

Besides having an exceedingly affordable sticker price, Slippery

Rock accepts most types of financial aid. Some of these include the Federal Pell Grant, the Federal Academic Competitiveness Grant, and the Teacher Education Assistance for College and Higher Education (TEACH) Grant. In addition, Slippery Rock takes part in the Federal Work Study and Community Service Work Study programs. Moreover, Slipper Rock, like most higher education institutions, accepts all financial aid awarded through FAFSA.

Those attending Slippery Rock looking for further ways to involve themselves have a vast list of clubs and activities to choose from. These include, but are not limited to, Slippery Rock's diverse performing arts program, varied list of musical ensembles, and several division II athletics



### 2009 Homecoming

By Alaina Altieri

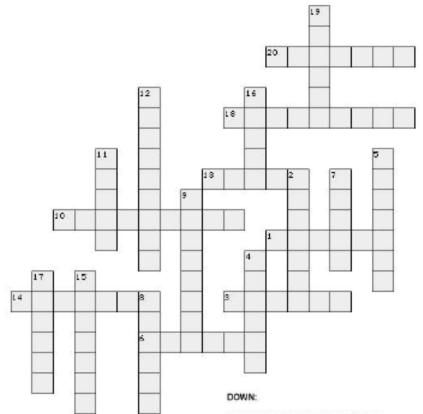
The first picture on the left is the Hopewell Hilites staff showing off their school spirt on dress up day. This took place on Thursday, October 15th.

The picture on the right shows Queen Jahmara Marchman and Matt Hundenski during the homecoming assembly, which took place on October 15th. When asked about winning the title Jahmara said, "I was shocked and very surprised. I will not ever forget it. It made my senior year my favorite year

of high school to experience."

The bottom picture is the homecoming court chosen this year. Girls from left to right: Nicole Pelino, Gianna Leone, Caralynn Arena, Jahmara Marchman, Nicole DiPietro, Amanda Tocci, Elise Farris, Erin Belknap. Guys from left to right: Blaine Buchanan, Mark Ross, Tyler Potts, Matt Hundenski, Ryan Costanza, Ryan Carson, Brendon Taylor, Toby Theur.

#### HALLOWEEN CROSSWORD PUZZLE (DIFFICULT)



- 1. NEITHER DEAD NOR ALIVE
- 3. USED TO LIGHT A JACK O' LANTERN
- 6. WHERE A CORPSE OR VAMPIRE RESTS
- 10. SPOOKIEST NIGHT OF THE YEAR 13. KNOWN FOR CASTING SPELLS
- 14. THE MONTH HALLOWEEN IS IN 18. PLACE WHERE THE DEAD RESIDE
- 20. DRINKS BLOOD BY NIGHT TO SURVIVE

Courtesy www.HalloweenGames101.com

- 2. WHAT A HOUSE WITH A GHOST IS
- 4. FAVORITE FOOD OF ZOMBIES
- 5. LOUD NOISE IN A STORM
- 7. EDGAR ALLEN POE DISLIKED THIS BIRD 8. DIRECTIONS FOR COOKING TREATS
- 9. A LYCANTHROPE BY THE FULL MOON
- 11. PIRATES USE THIS ON THEIR FLAG
- 12. MONUMENT FOUND IN A GRAVEYARD
- 15. SOMETHING WORN ON HALLOWEEN
- 16. A PLACE WHERE COFFINS ARE STORED 17. SOUND MADE WHEN VERY FRIGHTENED
- 19. A REANIMATED CORPSE

### Sudoku

7		5		8				
			2				7	
	3			1		5		
1		2	6		9	3		
	8						4	
		6	7		8	1		5
		4		6			2	
	7				5			
				7		9		1

Fill all the blank squares with the correct numbers. In a 9 by 9 square Sudoku game:

- \* Every row of 9 numbers must include all digits 1 through 9 in any order
- \* Every column of 9 numbers must include all digits 1 through 9 in any order
- \* Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

### Halloween Word Search

AOODSUI WDDAZFEO D J в с R L E J Ε 0 Ε N w 0 N UYMMU M G ĸ С В н Q V

black broom candy carving children costume Frankenstein ghost ghoul monster moon mummy October orange

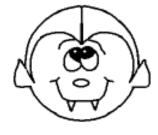
EGYRTT

pumpkin spider spooky treats vampire witch

G S

FYY

В В



S T

#### HALLOWEEN NIGHT

**BY: ANONYMOUS** 

KNIGHTS IN ARMOR WINGS THAT SPIN SUGARY SMILES GOBLINS GRIN

BLACK CATS PROWL WITCHES CACKLE SHADOWS LENGTHS RAISING HACKLE



ALL HALLOWS EVE IT'S TRICK OR TREAT **GATHERED TREASURES ENDLESS TREATS** 

STICKY FINGERS ONE MORE BITE THERE'S NOTHING BETTER THAN HALLOWEEN NIGHT