

2025 SPRING SPORT PHYSICAL EXAMINATIONS

ATTENTION ATHLETES

Those students planning to participate in a 2025 spring sport must have a physical examination prior to the start of official practice, which is Monday, March 3, 2025.

The District will not be offering physicals at this time.
You must obtain a private exam.

All physicals must be dated after JUNE 1, 2024.

PLEASE NOTE

- PLEASE COMPLETE ALL FORMS INCLUDING PARENT/STUDENT SIGNATURES AND BRING THE SIGNED COMPLETED FORMS TO THE ATHLETIC OFFICE, HIGH SCHOOL OFFICE OR THE JR HIGH OFFICE. DO NOT GIVE THEM TO THE COACH.

Any questions regarding fall sport physical examinations please call The Athletic Department at 724-375-6691, ext. 2030 or your coach.

**HOPEWELL HIGH SCHOOL
ATHLETIC DEPARTMENT
SPORTS PHYSICALS**

The PIAA requires only one comprehensive physical per academic year for each athlete provided that there are no orthopedic or medical conditions that require time loss or outside medical conditions. Once an athlete receives the initial physical, they will only be required to have a recertification form (SECTION 7) completed by the parent for any subsequent season if there are no orthopedic or other medical problems. All physicals must be completed after June 1 and the new form must be used. Please be advised the DISTRICT will not be offering exams. You must obtain a private exam.

The PIAA form has 10 sections. The following is an explanation of each form and what the parent is responsible to complete:

- INITIAL PHYSICAL – Parent & Student Completes Sections 1, 2, 3, 4, 5 & 6 and Physician completes Section 7
- RE-CERTIFICATION WITH NO MEDICAL PROBLEMS-Parent & Student complete Section 8.
- RE-CERTIFICATION WITH MEDICAL PROBLEMS- Physician completes Section 9.
- Section 1 – Personal & Emergency Information – COMPLETED BY PARENT FOR INITIAL PHYSICAL
- Section 2 – Certification of Parent/Guardian – COMPLETED BY PARENT FOR INITIAL PHYSICAL
- Section 3 – Understanding of Risk of Concussion and Traumatic Brain Injury-
COMPLETED BY PARENT & STUDENT FOR INITIAL PHYSICAL
- Section 4 – Understanding of Sudden Cardiac Arrest Symptoms and Warning Signs –
COMPLETED BY PARENT & STUDENT FOR INITIAL PHYSICAL
- Section 5 – Supplemental Acknowledgement, Waiver and Release: Covid 19 – COMPLETED BY
PARENT & STUDENT FOR INITIAL PHYSICAL
- Section 6 – Health History – COMPLETED BY PARENT AND STUDENT FOR INITIAL PHYSICAL
- Section 7 - Comprehensive Initial Pre-Participation Physical Evaluation and Certification of Authorized Medical Examiner – COMPLETED BY PHYSICIAN
- Section 8 – Re-Certification by Parent/Guardian – COMPLETED BY PARENT if student already turned in a physical for a previous sport in the same school year.
- Section 9 – Re-Certification by Licensed Physician of Medicine or Osteopathic Medicine –
COMPLETED BY THE PHYSICIAN if student sustained an injury or illness during a previous sport in the same school year.
- Section 10 – CIPPE Minimum Wrestling Weight – PERTAINS TO WRESTLING ONLY
COMPLETED BY THE TRAINER & PHYSICIAN