

**2022-2023 WINTER SPORT PHYSICAL EXAMINATIONS**  
**ATTENTION ATHLETES**

Those students planning to participate in a 2022 Fall Sport must have a physical examination prior to the start of practice, Friday, November 18<sup>th</sup>. You cannot practice on or after this date until forms are turned into the Athletic Office. You may have your physical completed by your private physician or an Urgent Care such as Med Express. **Physicals cannot be dated prior to JUNE 1, 2022.**

**PLEASE NOTE**

- PLEASE COMPLETE ALL FORMS INCLUDING PARENT/STUDENT SIGNATURES AND BRING THE SIGNED COMPLETED FORMS TO THE ATHLETIC OFFICE, HIGH SCHOOL OFFICE OR THE JR HIGH OFFICE. DO NOT GIVE THEM TO THE COACH.

Any questions regarding fall sport physical examinations please call The Athletic Department at 724-378-4982 or your coach. If there is no answer due to summer hours, leave a message and someone will return the call as soon as possible.

**HOPEWELL HIGH SCHOOL  
ATHLETIC DEPARTMENT  
SPORTS PHYSICALS**

**The PIAA requires only one comprehensive** physical per academic year for each athlete provided that there are no orthopedic or medical conditions that require time loss or outside medical conditions. Once an athlete receives the initial physical, they will only be required to have a recertification form **(SECTION 8)** completed by the parent for any subsequent season if there are no orthopedic or other medical problems. **All physicals, including private, must be completed after June 1 and the new form must be used.**

The PIAA form has 8 sections. The following is an explanation of each form and what the parent is responsible to complete:

INITIAL PHYSICAL – Parent & Student Completes Sections 1, 2, 3, 4, 5 & 6 and Physician completes Section 7

RE-CERTIFICATION WITH **NO MEDICAL PROBLEMS**-Parent & Student complete Section 8

Section 1 – Personal & Emergency Information – **COMPLETED BY PARENT FOR INITIAL PHYSICAL**

Section 2 – Certification of Parent/Guardian – **COMPLETED BY PARENT FOR INITIAL PHYSICAL**

Section 3 – Understanding of Risk of Concussion and Traumatic Brain Injury-  
**COMPLETED BY PARENT & STUDENT FOR INITIAL PHYSICAL**

Section 4 – Understanding of Sudden Cardiac Arrest Symptoms and Warning Signs –  
**COMPLETED BY PARENT & STUDENT FOR INITIAL PHYSICAL**

Section 5-- Supplemental Acknowledgement, Waiver and Release: COVID 19-- **COMPLETED BY PARENT & STUDENT FOR INITIAL PHYSICAL**

Section 6 – Health History – **COMPLETED BY PARENT & STUDENT FOR INITIAL PHYSICAL**

Section 7 – Comprehensive Initial Pre-Participation Physical Evaluation and Certification  
Of Authorized Medical Examiner – **COMPLETED BY PHYSICIAN**

Section 8 – Re-Certification by Parent/Guardian – **COMPLETED BY PARENT** if student already turned in a physical for a previous sport in the same school year.